



AMBULANCE HART

Hazardous Area Response Team

Self-Assessment Questionnaire
(SAQ)



As part of the application process we would expect you to make efforts to find out more about HART and think carefully about whether this is a role for you.

You can learn more by visiting the HART website www.ambulancehart.org or by talking to colleagues already in a HART team. We also encourage you to complete this Self-Assessment Questionnaire (SAQ), honestly and candidly before deciding whether to apply.

RESULTS

If you have answered no to any of these statements you need to consider seriously whether working in the HART Team is the right decision for you.

GUIDANCE

This self assessment is designed to allow prospective candidates an opportunity to evaluate their suitability for appointment to the HART team. The aim of this questionnaire is to help you to think about aspects of the HART role that you may not have initially considered. It is therefore important that you respond honestly to the statements.

Prospective applicants should complete this questionnaire and also consider the Eligibility Criteria and other information found in the Applicant Information Pack available from your Trust's HR department, in conjunction with the job description and person specification.



DISCUSSION TOPIC

I have read, understood and comply with all of the physical restrictions and other eligibility criteria found in the information pack	YES	NO
It will be possible for me to be away from home for extended periods in response to national incidents (it is not expected that this will be a regular or usual feature of the role)	YES	NO
I understand that I may have to work for extended periods throughout a protracted incident	YES	NO
I believe I have the physical fitness to deal with the demands of the role – and will endeavour to maintain that level on an ongoing basis	YES	NO
I believe I have the mental fitness to deal with the demands of the role	YES	NO
I do not suffer any phobia that would prevent me from working in the dark	YES	NO
I do not experience any difficulties that would prevent me from working in confined spaces	YES	NO
I do not suffer any phobia that would prevent me working at height	YES	NO
I do not suffer from claustrophobia	YES	NO
I would be prepared to have vaccinations and boosters if directed by/on advice from the Occupational Health Department	YES	NO
I am prepared to undertake any HART training required that might take me away from home	YES	NO
I recognise the heightened risks associated with undertaking a HART role	YES	NO
I recognise that I will be interacting with people who are extremely distressed	YES	NO
I recognise that some of the circumstances I could experience will be highly unpleasant, such as multiple bodies, putrid smells and dealing with body parts	YES	NO

